



BarberCosmo
Board of Barbering & Cosmetology

MAILING ADDRESS

Board of Barbering and Cosmetology
PO Box 944226
Sacramento, CA 94244-2260

MISSION

To ensure the health and safety of California consumers by promoting ethical standards and by enforcing the laws of the barbering and beauty industry.

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The **BarberCosmo**
update

Winter 2023 Issue No. 5



Message from the President

As 2023 comes to an end, I would like to take this opportunity to reflect on the Board’s accomplishments.

This year we saw a major increase in outreach events and opportunities. I am excited to see the Board continue to expand its communication efforts and reach new demographics of licensees and consumers.

The Board also established its first Diversity, Equity, and Inclusion (DEI) Committee. This committee will be making recommendations on how the Board can support and encourage DEI in the industry. The Board will be launching an addition to our webpage that provides information to the industry and consumers.

I want to thank Board staff for all their work on the continued implementation of legislative changes. I anticipate the Board will be moving forward with several regulatory packages this year, and I am enthusiastic that these updates in pre-apprentice training, remedial education, and disciplinary guidelines will protect consumers and licensees.

Thank you again, and I wish everyone a happy new year!

Calimay Pham
Board President

Message from the Executive Officer

I am excited to announce that Tamika Miller, of Sacramento, has been appointed to the Board of Barbering and Cosmetology. Ms. Miller has been a licensed manicurist since 1998 and was CEO of Cuticles Nail Spa from 2006 to 2023. She brings a wealth of knowledge to the Board as an industry member.

If you are interested in serving as a board member, I encourage you to keep reading this newsletter, as it contains information on how to apply for appointment.

Happy New Year!

Kristy Underwood
Executive Officer

Consumer Corner: Hair Dos for the Holidays

Please join the Board of Barbering and Cosmetology as we celebrate our new consumer campaign: **Hair Dos for the Holidays!** Be sure to follow the Board on social media for safety tips when it comes to getting your hair done in a licensed establishment for holiday events and parties.

Twitter: [@CA BBC](https://twitter.com/CA_BBC)

Facebook: [California State Board of Barbering and Cosmetology](https://www.facebook.com/CaliforniaStateBoardofBarberingandCosmetology)

Instagram: [@cabarbercosmo](https://www.instagram.com/cabarbercosmo)

The Board would love to see your posts about your positive experiences—be sure to use the hashtag **#HairDosForTheHolidays2023**.





Board Members



Calimay Pham, Public Member, President

Tonya Fairley, Industry Member, Vice President

Megan A. Ellis, Public Member

Kellie Funk, Industry Member

Reese A. Isbell, Public Member

Yolanda Jimenez, Public Member

Colette Kavanaugh, Industry Member

Tamika Miller, Industry Member

Danielle Munoz, Public Member

Jacob Rostovsky, Public Member

Steve Weeks, Public Member

Have You Considered Serving as a Board Member?

The Board of Barbering and Cosmetology currently has two vacancies and is seeking a California-licensed barber and establishment owner or cosmetologist to serve as board members.

Board members help shape the direction of the beauty and barbering industries with their collective decision-making. Board members provide policy direction, participate in voting on disciplinary matters, and approve regulation packages.

The Board holds quarterly meetings with the full board, in addition to committee meetings whenever necessary. Board members are expected to attend board meetings and committee meetings. Board members must also commit time to reviewing meeting materials and attending all trainings.

The first step to becoming a board or committee member is to apply to the office of the appropriate appointing official. To apply for a board member appointment, visit the following website: [Governor appointment.](#)

Here is contact information for the appointing office:

[Office of Governor Gavin Newsom](#)

1021 O St., Suite 9000
Sacramento, CA 95814
(916) 445-2841

Once you've applied, you may be contacted for an interview, and a final selection will be made to confirm an appointment. If you have further questions about being a board member, please visit the [California Department of Consumer Affairs website.](#)

News Release: Consumer Warning About Unlawful Home Services

The California Department of Consumer Affairs' (DCA) Board of Barbering and Cosmetology (Board) is warning consumers about home beauty services advertised on social media by individuals both unlicensed and licensed by the Board.

The services being advertised online are typically done at the home of the individual who is performing services, or in a consumer's home. Services outside of a licensed salon, spa, or shop are unlawful unless the individual is licensed by the Board and obtains a personal service permit (PSP) from the Board. A PSP allows a licensed professional to provide limited services outside of the licensed establishment where they work if they meet certain requirements.

There are potential serious health hazards that can put consumers at risk for infection when services are performed by unlicensed individuals who have not received proper education in infection control and do not follow guidelines, rules and regulations set by the California Department of Public Health, California Department of Industrial Relations' Division of Occupational Safety and Health, and the Board.

Reported harm to consumers includes:

- **Lash services**—glue in the eye, glued top and bottom lashes that require medical intervention to be corrected, and conjunctivitis (pink eye).

- **Hair-coloring services**—scalp burns, transmitting lice from one client to another, broken hair, and hair falling out.
- **Waxing services**—significant burns requiring medical attention and disease transmission.

In addition to potential consumer harm, there is also potential harm to the environment. Many cities and counties do not allow services within residential neighborhoods due to concerns regarding chemical disposal.

"The Board is seeing an increase in consumer harm as a result of unlicensed individuals providing services in their homes," said Board President Calimay Pham. "We have seen significant infections caused by individuals who have never received any type of training on health and safety."

Consumers should never engage in business and allow services to be performed on them by individuals who are not licensed. The number one step consumers can take to protect their health and safety before their next appointment is to check the license of the individual providing services.

To verify an establishment or professional license, use DCA's license search tool at <https://search.dca.ca.gov>. For information about personal service permits, including resources in multiple languages, visit the Board's "[Personal Service Permit Information](#)" page.

We Want Your Feedback

If you had an interaction with the Board recently, we'd love to hear how it went. [Click here](#) to take a brief survey about your experience.





Disinfection Reminder

They may look cool, but licensees **cannot** carry any tools or supplies in or on a garment or uniform (including pouches and holsters). This includes putting hair clips on your shirt or apron.

All disinfected tools should be stored in a clean, covered place which is labeled "Clean" or "Disinfected."



Alcoholic Beverages in Establishments

Effective January 1, 2024, there are changes to section 23399.5 of the Business and Professions Code regarding alcoholic beverages in establishments.

A license or permit is not required for the serving of wine or beer as part of any service provided by an establishment that is subject to regulation by the Board of Barbering and Cosmetology if the following requirements are met:

1. There is no extra charge or fee for the beer or wine. For purposes of this paragraph, there is no extra charge or fee for the beer or wine if the fee charged for the service is the same regardless of whether beer or wine is served.
2. The license of the establishment providing the service is in good standing with the Board of Barbering and Cosmetology.
3. No more than 12 ounces of beer or six ounces of wine by the glass is offered to a client.
4. The beer or wine is provided only during business hours and in no case later than 10 p.m.
5. Nothing in this subdivision shall be construed to limit the authority of a city or city and county to restrict or limit the consumption of alcoholic beverages, as described in this subdivision, pursuant to section 23791.



Did You Know?

Aside from owning a brick-and-mortar establishment, there is another business type the Board licenses—mobile units! These self-contained, self-supporting, enclosed mobile units are for the practice of any occupation licensed by the Board and must comply with all health and safety regulations established by the Board. These are typically trailers or recreational vehicles which have been designed for barbering or cosmetology services. The mobile unit travels to the clients and the services are provided inside the mobile unit.

Each mobile unit shall be equipped with:

1. A self-contained, potable water supply (if shampooing services are offered).
2. Continuous, on-demand hot water tanks which shall be not less than 6-gallon capacity.
3. A system of adequate ventilation.



Upon approval of the floor plan and application, the owner(s) schedule an appointment to show the mobile unit to a Board inspector for final approval.

If you are interested in owning a mobile unit, check out the Mobile Unit Application on the Board’s website at www.barbercosmo.ca.gov (click on the “Forms/ Applications” tab, choose “Establishments/Mobile Units,” then scroll to “Mobile Unit Application”).

Becoming Licensed in Another State

The Board receives questions daily about what to do if a licensee is moving to another state and wants to be licensed in that state. Contact the licensing agency of the state you are moving to for licensing requirements regarding using your California license to qualify for a license in their state. All states have different requirements.

You may need to request a Certification of Licensure from California’s Board of Barbering and Cosmetology. You can request the Board to send a certification of licensure to the state of your choice by mail or online:

- To request a Certification of a California License by mail, send a check or money order with your completed form: www.barbercosmo.ca.gov/forms_pubs/forms/cert_req.pdf.

- To request a Certification of a California License online and pay with a credit card, visit BREEZE: www.breeze.ca.gov.

The Board will send the license certification directly to the other licensing agency. Licensees do not receive a copy of the certification.

You may also need to submit an application with the other state licensing agency.

Obtaining a license in another state does not affect your California license. Your California license will remain valid so long as you keep renewing it. Be sure to update the mailing address associated with your California license so you can still receive mail from the Board.



‘Can I Provide Permanent Makeup in My Salon?’

The Board does not regulate permanent makeup or microblading. Permanent makeup refers to a service where pigments are injected into the skin to create the look of makeup (often in the eye and lip area). Microblading is a process typically performed with a combination of needles affixed to a handle which inserts pigment into the skin to manually create lines that resemble hairs, often in the eyebrows or along the hairline.

For applicable laws pertaining to cosmetic tattooing, please refer to the California Health and Safety Code, Division 104, Part 15, Chapter 7—“Body Art,” and consult with the California Department of Public Health (www.cdph.ca.gov), and local, city, and county environmental health offices.

The Board does not have regulations specific to shared spaces or mixed-use rooms. Establishments are expected to follow all Board rules and regulations. The Board recommends keeping permanent makeup or microblading tools separate from barbering and cosmetology tools.

Establishment Design

While the Board does not have requirements regarding the type of decorations or furniture used in establishments, there are some design elements to keep in mind when setting up your establishment or workstation to make work easier on the body. Good positions and movements are easier if the space and equipment are well-designed. Good design can help prevent all the different types of injuries on the job.

Licensees spend a lot of time standing, bending, reaching, and repeating the same motions all day long. These activities can cause fatigue and pain in various parts of the body. Sometimes they can even cause serious injury.

Poor Establishment Design

Poor design can force a licensee to bend, stoop, twist, and reach in awkward ways. Bad designs include:

- **Workstations that are too close together.** If there is too little space, there will not be room for roll-about tables for keeping supplies in the work area. That means licensees may have to reach farther for supplies.
- **Workstations (like countertops) that extend out too far from the wall.** These force licensees to bend forward to get supplies near the back of the counter.
- **Low cabinets above work surfaces.** Licensees may have to bend under the cabinet to avoid hitting their head.
- **High cabinets.** Licensees may have to reach too high to get supplies.



Well-Designed Workstations

Well-designed workstations and equipment allow licensees to keep their body in good positions. They make movements easy and convenient. They also make it possible to move around and switch between sitting and standing, so licensees are not in either position all day. Here are some ideas for good workstation design:

- Hydraulic chairs for clients which are adjustable at least 5 inches up and down. The foot pedal should be easy to reach and use. Very short or tall licensees may need an electric lift chair, which can adjust up and down as much as 12 inches.
- Anti-fatigue pads on the floor at hair stations to reduce pressure on a licensee's feet and legs while standing.
- Stools or rolling seats so licensees can sit while working on clients.
- Manicure stations with arm rests both for the client and the licensee. If no arm rests are available, foam pads can help support the arms and cushion them from the table's hard surface.

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- Manicurists' chairs with a seat or cushion that tilts forward toward the table. This allows the manicurist to lean forward at the hips without bending the spine.
- Shampoo bowls that allow the licensee to wash a client's hair from behind. This is more comfortable than sidewash basins as a licensee's back does not have to twist.
- Properly lit with good lighting so licensees can see without bending over.

Points to Consider

When performing a service, licensees should ask the following questions to avoid neck, back, foot, and leg problems:

- Am I bending my neck and back often?
- Am I twisting?
- Am I often reaching overhead?
- Am I often bending backward?
- Does this service require standing for a long time?
- Am I swaying or leaning backward?
- Am I wearing shoes with high heels, poor arch support, hard soles, or improper fit?
- Is the floor too hard?

If a licensee said "yes" to any of the above-mentioned questions, consideration should be given on ways they can improve their position and movements for the prevention of ergonomic problems.

Work smarter, not harder!

Connect With BBC Townhalls

To connect more with licensees, the Board has been holding more virtual townhall events. These are your opportunities to ask the Board any questions you may have.

The next townhall is scheduled for **January 29, 2024, at 10 a.m. to noon**. There will be a short presentation about schools before the question-and-answer session.

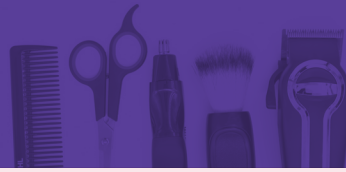
If you missed the [Most Common Violations Townhall on 05/01/2023](#), the [About the Board Townhall on 06/19/2023](#), or the [Questions and Answer Townhall on 8/28/2023](#), the recordings are available online for viewing.

Be sure to follow the Board on social media or [subscribe to the Board's interested parties list](#) so you don't miss an invite to the next event!

Tentative Board Meeting Calendar for 2024

- **February 12, 2024**—Sacramento
- **May 6, 2024**—Southern California
- **August 12, 2024**—Sacramento
- **November 4, 2024**—Southern California

Be sure to visit the Board Meetings webpage for more information at https://barbercosmo.ca.gov/about_us/meetings/index.shtml.



Fill in the Blank

Fill in the appropriate word next to each clue. Then unscramble the circled letters to find the secret word.

1. Electrical tool often used by barbers.

○ □ ○ □ □ □ □ □

2. Disinfectant solution is also referred to as this.

□ □ ○ □ □

3. A towel or this must be used to prevent a cape from coming in direct contact with a client's neck.

□ □ □ □ □ □ □ ○ □

4. Name of the Board's online licensing system.

□ ○ □ □ □ □

5. This type of polish is cured under a lamp.

□ □ ○

6. A student that works in an establishment to earn clock hour credit toward graduation.

□ □ □ □ □ ○

7. A document prepared by schools that certifies the number of school hours completed.

□ □ ○ □ □ □ ○ □ □ □ □ □ □

SECRET WORD: _ _ _ _ _

