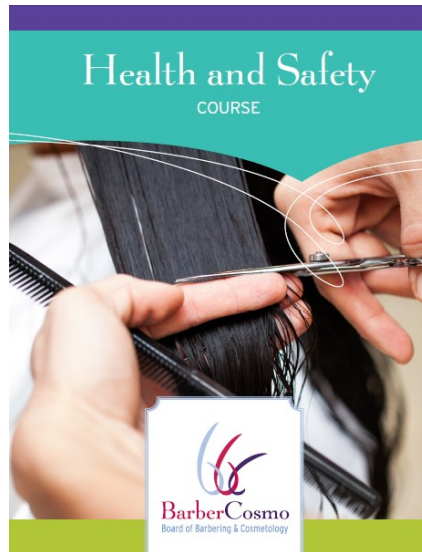


California Board of Barbering and Cosmetology
HEALTH AND SAFETY COURSE
INSTRUCTOR TRAINING



Welcome!



Welcome to the Board of Barbering and Cosmetology Health and Safety Course Instructor Training.

What is the Health and Safety Course?

- ▶ Required by Business and Professions Code section 7389
- ▶ Focuses on health and safety of the worker, not the client
- ▶ This course is in addition to the health and safety requirements in the curriculum

Pursuant to Business and Professions Code section 7389, this online training class was developed to prepare instructors to effectively use the Health and Safety Course.

The 2019 Health and Safety Course is a training program on health and safety issues, basic labor laws, and physical and sexual abuse awareness. The Board's goal is to prepare licensed barbers, cosmetologists, estheticians, manicurists, and electrologists for issues they may face on the job. The Health and Safety Course was designed for use in Board-approved schools of barbering and cosmetology and may be used by Board-approved apprenticeship sponsors in fulfilling related training requirements. The Board requires completion of the Health and Safety Course by all future professionals who wish to sit for a licensing exam.

How to View the Course

The screenshot displays the website for the California Board of Barbering and Cosmetology. At the top, there is a navigation menu with links for 'About Us', 'Contact Us', 'Enforcement', 'Schools', and 'Apprentices'. Below this is a search bar and a secondary menu with categories: 'CONSUMERS', 'APPLICANTS', 'LICENSEE', 'LAWS & REGS', and 'FORMS/PUBS'. The main header features a banner image of a person getting a haircut and the board's logo. A red arrow points to the 'Schools' link in the top navigation. Below the banner, there is a section titled 'School Email List' with a list of links. A red arrow points to the 'Health and Safety Course' link in this list. The list includes: Bureau for Private Postsecondary Education, Information Regarding the Written and Practical Examinations (Including Candidate Information Bulletins), Circular Letters, Criterion Referenced Scoring, Health and Safety Course, Industry Bulletins, Message to the Consumer-Posting Information, NIC Examination Test and Reference List (Once on page, scroll down and click on "NIC Examination References"), NIC Webcasts, PSI Candidate Information Handbook (Bulletin) All Exam Types, School Frequently Asked Questions, and School Information/Applications.

The Course Textbook and Student Exam Booklets may be downloaded for free from the Board's website. Schools may also order printed copies for the price of reproduction or print their own copies. Instructor Guides are only available to the authorized school representative of record or the Apprentice Sponsor representative of record.

To access the publication order form, click on the Schools link on the Board's website barbercosmo.ca.gov. Next, click Health and Safety Course. Submit a check or money order with the form to PO Box address on the form.

Teaching Approach and Methods

The Board recommends teachers engage with students by:

- ▶ Brainstorming
- ▶ Class Discussion (Questions and Answers)
- ▶ Small Group Exercises (5 students or less per group)

The teaching methods used throughout the course are designed to maximize class participation.

A variety of participatory learning activities are included. They include brainstorming, class discussion (questions and answers), and small group exercises. The goal of these activities is for students to participate in class and apply what they learn in their work. You may include your own activities that facilitate learning and application of the material.

Remember to encourage students to participate and discuss. Give students a chance to think before responding and steer students to the correct answer without supplying the correct answer. Add background information or draw from your own personal experiences to make discussions more relevant.

How the Course is Organized

- ▶ 10 Sections
- ▶ Learning Objectives
- ▶ Training Materials
- ▶ Teaching Tool Box



The course is comprised of 10 sections. The learning objectives are listed at the introductory page of each section. Review the objectives with the students to outline what they will learn during the lesson.

The sections were designed to be taught in the order they appear within the course as each section builds on information previously taught. However, the law does not require the course to be taught as a stand-alone course. Instructors may decide how to best incorporate the information from the course into their school curriculums.

Training materials are provided at the end of each section. Review and discuss the training material with students and encourage them to utilize them during their careers.

Within each section of the Instructor Guide is a Teaching Tool Box. The Teaching Tool Box provides additional ideas or suggestions for you to use during instruction or assign as group activities or student homework. Although these suggestions are not required, they provide additional exposure to resources that will help the students as they progress through their careers. You may incorporate your own ideas on how to reinforce the information covered in each section.

Preparing to Teach

- ▶ Sample Lesson Plans and Syllabus
- ▶ Resource Groups, Agencies, Databases, and Publications Information Sheet (Section 3)
- ▶ Fact Sheets (Section 4)
- ▶ Resource Agencies and Materials Information Sheet (Section 8)
- ▶ Contact Information (section 10)

Before presenting a section, read the material and prepare all necessary handouts from the Training Materials. The Board provides a sample syllabus and lesson plans on the Health and Safety Course webpage. Use of these are not required, but may be used as a guide to teach the course.

If you have questions about the subject matter, utilize the Resource Groups, Agencies, Databases, and Publications information sheet, Fact Sheets, Resource Agencies and Materials information sheet, and Contact Information.



The Health and Safety Course is intended to provide students with information and knowledge that they will use in their future as a licensee. It is a starting point for students to build upon with their school curriculum and experience.

Thank you for working with the Board of Barbering and Cosmetology so that all licensees and consumers can have a safe, healthy experience.